



INFECTIOUS DISEASES & BLOOD POLICY

The Spotswood Football Club Inc. (SFC), is committed to providing and maintaining a safe and healthy environment for all and strengthening the good reputation of Australian rules football, the WRFL football competition and the SFC.

This Infectious Diseases and Blood Policy has been developed to meet the requirements outlined by Sports Medicine Australia (SMA) to prevent the transmission of disease and has been approved by the SFC Board.

All SFC Board Directors, Committee Members, Administrative Officials, Coaches, Support Staff, Volunteers, Members, Players and Spectators will maintain the following standards whilst undertaking approved SFC activities, attending any approved SFC functions or participating in and/or watching SFC games by the adhering to the following:

- All participants are responsible for maintaining strict personal hygiene at all times in all activities on and off the field as this is recognized as an effective method of controlling the spread of disease.
- Sharing personal items such as shavers, towels, mouth guards, etc is not encouraged.
- Any participant that has a skin lesion/bleeding must have the site(s) immediately cleansed with suitable antiseptic and securely covered.
- If bleeding continues, the individual's participation must be interrupted until the bleeding has been suitably stopped. Additional medical advice should also be sought from a physician or clinic in these instances.
- The SFC recommends that all participants involved in contact/collision sports and playing under adult rules (including trainers and first aiders) be vaccinated against Hepatitis B.
- All participants with prior evidence of viral Hepatitis and/or HIV (AIDS) are strongly advised to obtain confidential advice and clearance from a doctor prior to participation.
- Any clothing, equipment and surfaces contaminated by blood must be treated as potentially infectious and such surfaces should be cleaned or replaced immediately.
- When attending to a bloodied player or cleaning up blood or bodily substances, disposable latex or vinyl gloves must be worn (and not re-used).
- Any large spills of blood or bodily substances should be contained and mopped up with an absorbent material, placed in a sealed plastic bag and then safely disposed of. Surfaces should be cleaned with a solution of approved detergent or a 1:10 solution of bleach and water at a minimum.
- The SFC will ensure that the dressing rooms are clean and tidy, particularly hand-basins, toilets and showers.
- The SFC will also ensure that all sporting equipment and apparel is also regularly and suitably cleaned using appropriate washing and cleaning methods and solutions.

0	3.06.12	Issued for Use	R. Gardiner	A. McLaren	A. Given
Revision	Issue Date	Description	Originator	Checker	Approver